

Harcourt Primary School – Anti-Bullying Summary for Pupils

Making our school a kind and safe place for everyone!

What is Bullying?

Bullying is when someone hurts another person **on purpose** and **more than once**. It can happen in different ways, like:

- Hitting or kicking
- Calling names or teasing
- Spreading unkind rumours
- Taking or breaking someone's things
- Leaving people out on purpose
- Being unkind online or through messages

Remember: Bullying is never okay. It is not just “joking” or “banter.” If it hurts someone, it's serious.

Types of Bullying

Bullying can happen to **anyone**. People may be bullied because of:

- How they look
- Their family
- If they have a disability or special needs
- Their race, religion or culture
- If they are a boy or a girl
- Who they like or love
- Being different in any way

There is also cyberbullying, which is bullying online — like sending mean messages or sharing hurtful pictures or videos.

What Should I Do If I'm Being Bullied?

- Tell a trusted adult – like a teacher, your TA, or your parents.
- You can also speak to the **Designated Safeguarding Lead (DSL)** — Mr Silk, Mrs Green or Mrs MacWatt.
- Don't keep it to yourself — you are not alone, we are here to help you.

What Will School Do to Help?

If someone is being bullied:

- A grown-up will talk to everyone involved and listen carefully.
- The person being bullied will get help and support to feel better.
- The person doing the bullying will get help to change their behaviour.
- If needed, we will speak to parents and other people who can help.
- If bullying happens online, we may block or report the messages.

Let's Prevent Bullying Together

At Harcourt Primary, we believe:

- Everyone should be treated with kindness and respect
- Differences should be celebrated, not picked on
- It's cool to be kind!

We help prevent bullying by:

- Having anti-bullying lessons in PSHE
- Appointing Anti-Bullying Ambassadors to help children at playtimes
- Encouraging friendship and teamwork
- Making sure everyone knows who they can talk to

Your Voice Matters

- You can help write our rules and share your ideas
- Tell us if you're worried — for yourself or a friend
- Help us make school a place where **everyone feels safe and happy**
- Use the kindness boxes to celebrate people who are looking out for others at playtimes.

Kindness is Powerful

We're all part of the Harcourt team.

- ♥ Be kind
- ♥ Be respectful
- ♥ Be brave and speak up
- ♥ Look out for each other

Together, we can stop bullying and make our school a great place to be!